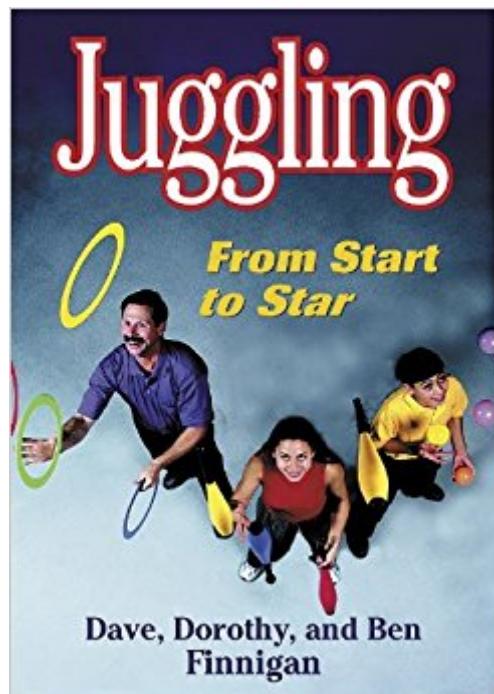


The book was found

Juggling: From Start To Star



Synopsis

Have you ever wanted to be one of those people who could juggleâ "but never thought you could learn how? Well, now you can with *Juggling*, the new book by the famous Finnigan family of Dave, Dorothy, and Ben. In this fascinating book the family of jugglers offers you their techniques, secrets, and passion for developing amazing juggling ability. The most fun and effective instructional guidebook ever published on the topic, *Juggling* is for anyone. From newcomers to the more advanced, children to adult, anyone interested in juggling will learn how by reading this book. It includes more than 250 photos illustrating proper techniques for all types of apparatus, individual and partner juggling, and fun-filled juggling games. *Juggling* shares with you the extensive juggling experience of this memorable family of jugglers, who have traveled worldwide teaching juggling to over more than million people. Now with the help of *Juggling* you can learn all the tricks of the trade in the comfort of your own home, and soon you'll be entertaining friends and family with your amazing new talent.

Book Information

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Customer Reviews

Dave, Dorothy, and Ben are father, daughter, and son in the famous juggling Finnigan family. All are amazingly talented at juggling, and all have performed their craft before audiences throughout the country. Dave Finnigan is the former education director of the International Jugglers Association (IJA) and was the first-ever recipient of the IJA's Excellence in Education Award. He is also the author of *The Complete Juggler* and *The Joy of Juggling*, and a prolific showman and highly respected instructor. Since 1976 he has visited more than 2,000 schools and taught more than a

million people in 41 states and 12 countries to juggle. Dave is well known for incorporating a variety of teaching styles and uses those techniques to help children learn, while at the same time encouraging a positive self-image. Dorothy Finnigan, at age 16, is one of the most accomplished female jugglers in the United States. She has personally taught thousands of children and adults to juggle in her travels. She was also the winner of the Most Promising Woman Award from the IJA in 1997 and in Montreal in 2000 was the first female ever to receive a medal in the IJA junior competition. Ben Finnigan, age 12, is also an up-and-coming star in the world of juggling. Ben claims to be as good a juggle at 12 as his father was at 36, or is at 59. Although he is a member of a juggling family, Ben always reminds everyone that he is a just a regular kid • and living proof that anyone, young or old, can learn to juggle with the right instruction.

who has grown into a lovely young lady. fact is folks, a juggling book isn't realistic, as you need to see juggling to mimic and learn. though when I got this I was terrible, so it was helpful for a little while. truthfully, if you can, videos and dvds (dvds for loop factor) is the way to go so you can see it, SEE IT, over and over. a book forces you to visualize, whereas when you start juggling you just want to SEE IT, so you can mimic and learn, then get the form down and all that stuff, even the simple stuff like a 3 ball cascade/reverse, 4 ball fountain, you need to see these over and over. but the humor in the book is good, and the pictures are good, so that's why the 5 star, and the daughter.....sorry I dazed for a second there, for a true beginner (less than 3 months), it's worth it.

.Have you ever seen a juggler in the park and wonder "How'd they do that?" Well, it ain't that hard, and this book makes it down right simple. When you learn to juggle with your kids, you give them and yourself a serious boost of self-confidence and increases manual dexterity rather remarkably. But most importantly, juggling teaches you time management. Right know you are probably thinking "HUH!" Bear with me. When you juggle you are working with three or more objects (hereafter: balls), you always have one ball in each hand and one ball in the air. All you need to do with the ball in each hand is gain control (catch) and change direction (toss). But, you must do it quickly because you have a ball in the air that will need attention very soon. **NONE OF THE BALLS NEED CONSTANT ATTENTION.** Back at the office: you have several projects at a give time. As a project manager, you need to insure that each project gets all the attention it needs at just the right time, and move on to the next project. See, over simplified.

I FOUND JUGGLING FROM START TO STAR TO BE VERY EASY TO FOLLOW AND IT HELPED ME QUITE A BIT WITH ALL MY JUGGLING. IT IS A BOOK I WOULD HIGHLY RECOMEND TO ANYONE INTERESTED IN JUGGLING.

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